

**Comprehensive Psychological Services  
Parent/Guardian Mental Health History Form**

Name of person completing this form \_\_\_\_\_

Relationship to the Child: \_\_\_\_\_ Date \_\_\_\_\_

Child's: Date of Birth \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Age \_\_\_\_ Gender \_\_\_\_ Pronouns \_\_\_\_\_ Racial Identity \_\_\_\_\_

Describe briefly their present symptoms \_\_\_\_\_

\_\_\_\_\_

Recent family stressors (e.g., family, job, recent loss of loved one, financial issues): \_\_\_\_\_

Previous psychological evaluations: \_\_\_\_\_

Mental Health Services or Counseling (When? Where?): \_\_\_\_\_

Psychiatric Hospitalizations (include where, when, & for what reason): \_\_\_\_\_

**List ALL current prescription medications** and how often they take them (if none, write none)

Medication Name

Daily Dosage

Estimated Start Date

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**List ALL past psychiatric prescription medications**

Medication Name

Prescribed by:

Taken when:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Current primary care provider: \_\_\_\_\_

Current medical problems: \_\_\_\_\_

Past medical problems, nonpsychiatric hospitalizations, and surgeries: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Concussions, loss of consciousness, or seizures: \_\_\_\_\_

Problems with sleep or appetite \_\_\_\_\_

### **Family Background and Childhood History**

Where were they born & raised? \_\_\_\_\_

By whom? \_\_\_\_\_

Were they adopted? ( ) Yes ( ) No If yes, are they aware? ( ) Yes ( ) No

List their siblings and ages: \_\_\_\_\_

List everyone who currently lives with them: \_\_\_\_\_

What is/was their father's occupation? \_\_\_\_\_

What is/was their mother's occupation? \_\_\_\_\_

Did their parents divorce? ( ) Yes ( ) No If so, how old were they at time of divorce? \_\_\_\_\_

If they divorced, who do/did they live with? \_\_\_\_\_

Describe their relationship with their father: \_\_\_\_\_

Describe their relationship with their mother: \_\_\_\_\_

Describe their relationship with their siblings: \_\_\_\_\_

Has anyone in their immediate family died? ( ) Yes ( ) No Who and when? \_\_\_\_\_

Were they ever the victim of abuse? ( ) Yes ( ) No

Extended family psychiatric problems past and present: (e.g., ADHD, depression, anxiety, learning disorders, autism) \_\_\_\_\_

### **Developmental History**

Any complications during their mother's pregnancy with them or their birth? (specify) \_\_\_\_\_

Any health problems at birth or in infancy? (specify) \_\_\_\_\_

Any delays with walking/talking/toilet training? (specify) \_\_\_\_\_

### **Testing History**

Performance on IQ/achievement testing: \_\_\_\_\_

History of hearing or speech/language abnormalities: \_\_\_\_\_

Ever receive occupational or physical therapy? (specify) \_\_\_\_\_

### **Educational History**

Current grade: \_\_\_\_\_ Name of child's current school? \_\_\_\_\_

Have they ever repeated any grades? (specify) \_\_\_\_\_

504 or IEP past? ( ) Yes ( ) No Current? ( ) Yes ( ) No

Describe past/current academic accommodations: \_\_\_\_\_

Does the child get bullied by peers? (specify) \_\_\_\_\_

What do their teachers say about them? \_\_\_\_\_

Attention problems in school? (specify) \_\_\_\_\_

Behavioral problems in school? Suspended or expelled? (specify) \_\_\_\_\_

### **Occupational History**

Are they currently working? ( ) Yes ( ) No How long? \_\_\_\_\_

What is their job? \_\_\_\_\_

Where do they work? \_\_\_\_\_

Previous experience: \_\_\_\_\_

Future goals: \_\_\_\_\_

### **Relationship History**

Are they dating? ( ) Yes ( ) No Dating history: \_\_\_\_\_

### **MISC**

Have they ever been arrested? Pending legal problems(specify)

Is there anything else you would like us to know? \_\_\_\_\_



SUBSTANCE USE					
DRUG CATEGORY (circle each substance used other than those prescribed by a doctor and used exactly as prescribed)	Age when first aware of use:	How much & how often did/do they use this?	How long did they use or have they used this?	When did they last use this?	Do they currently use this?
<b>TOBACCO:</b> Cigarettes, Vapes, Cigars, chewing tobacco					Yes <input type="checkbox"/> No <input type="checkbox"/>
<b>ALCOHOL</b>					Yes <input type="checkbox"/> No <input type="checkbox"/>
<b>CANNABIS:</b> Marijuana, hashish, hash oil					Yes <input type="checkbox"/> No <input type="checkbox"/>
<b>STIMULANTS:</b> Cocaine, crack					Yes <input type="checkbox"/> No <input type="checkbox"/>
<b>STIMULANTS:</b> Methamphetamine—speed, ice, crank					Yes <input type="checkbox"/> No <input type="checkbox"/>
<b>AMPHETAMINES/OTHER STIMULANTS:</b> Ritalin, Benzedrine, Dexedrine					Yes <input type="checkbox"/> No <input type="checkbox"/>
<b>BENZODIAZEPINES/TRANQUILIZERS:</b> Valium, Librium, Halcion, Xanax, Diazepam, "Roofies"					Yes <input type="checkbox"/> No <input type="checkbox"/>
<b>SEDATIVES/HYPNOTICS/BARBITURATES:</b> Amytal, Seconal, Dalmane, Quaalude, Phenobarbital					Yes <input type="checkbox"/> No <input type="checkbox"/>
<b>HEROIN</b>					Yes <input type="checkbox"/> No <input type="checkbox"/>
<b>STREET OR ILLICIT METHADONE</b>					Yes <input type="checkbox"/> No <input type="checkbox"/>
<b>OTHER OPIOIDS:</b> Tylenol #2 & #3, 282'S, 292'S, Percodan, Percocet, Opium, Morphine, Demerol, Dilaudid					Yes <input type="checkbox"/> No <input type="checkbox"/>
<b>HALLUCINOGENS:</b> LSD, PCP, STP, MDA, DAT, mescaline, peyote, mushrooms, ecstasy (MDMA), nitrous oxide					Yes <input type="checkbox"/> No <input type="checkbox"/>
<b>INHALANTS:</b> Glue, gasoline, aerosols, paint thinner, poppers, rush, locker room					Yes <input type="checkbox"/> No <input type="checkbox"/>
<b>OTHER:</b> specify) _____ _____ _____					Yes <input type="checkbox"/> No <input type="checkbox"/>